

# Filled Full

## Circle Time

*During this time welcome children, open in prayer, review the Bible verses, and sing songs! This is the time of preparation for getting our hearts and minds ready to learn about and worship God 😊*

### Prayer

Hold my hand God,  
Lead the way,  
Help me to be good every day,  
Let me know what's wrong and right,  
Keep me safe day and night,  
Let me know what you have planned,  
Lead the way God,  
Hold me hand!  
Amen.

**Bible Verse:** "Jesus Christ is the same yesterday and today and forever." -Hebrews 13:8

## Activity Time

**During this time you may do as many of the activities listed below as you would like. Let the Spirit direct this special teaching time!**

***Intro:*** (*How will my needs be met?*)

Before the lesson you will want to make sure and have 1 piece of bread (or draw one on paper). You will also want to have your own cell phone available or a toy telephone. Greet the children and have everyone sit down for circle time. In the opening activity below all "motions" are indicated in *italics*.

*Ask:* Can you help me with a little problem I have? I have a friend coming over for lunch today. All I have for lunch is one piece of bread. *Hold up the piece of paper or optional bread.* I don't have time to go to the store. What can I do? Lead the children to suggest *tearing the bread in half.*

*Say:* Brring, brring. Excuse me a minute, my phone is ringing. *Make a telephone receiver with your hand or use a cell phone. Pretend to talk on your "phone."* Hello. Yes, that's fine. *Put your "phone" away.* That was my friend. She's bringing two friends to lunch. Now the bread has to feed four people. What can I do? *Tear the paper or bread into four sections.*

*"Brring brring. I have to answer my phone again."* *Again use your hand "phone" or cell phone.* "Hello. Yes, that's fine." *Put your phone away.* "That was my friend again. Each of her friends is going to bring a friend to lunch. Now I have to make the bread feed six!" *Tear the paper or bread into six pieces.*

*Say:* "At lunch time I can use my one piece of bread, which is a little, to feed six people. But no one will be full. It would take a lot more bread to fill up six people. Let's talk more about a little and a lot."

*Ask: What is a little?* (Children may say that they are little, talk about little objects such as blocks, or talk about one thing.)

**What is a lot?** (This question helps you learn their understanding of a little compared to a lot. Accept their answers. These may include a large number of an object, such as blocks, or something they consider big.)

**When have you seen a little become a lot?** (This question helps the children understand the relationship between a little and a lot. They may talk about popcorn popping, filling a jar or container with candy, or even yeast dough growing.)

*Say:* Some little things can become a lot. Today we're going to learn that Jesus can do a lot with a little. As you hear today's Bible story, listen to find out what Jesus does with a boy's little lunch.

**Story: (Filled Full-Feeding of the 5000)**

Have video prepared to show (The Jesus Storybook DVD Volume 3; Number 10). Ask children questions about what they saw in the video and talk about the 5 W's with them (Who, What, When, Where, Why, and How).

\*Many of The Jesus Storybook videos are available on YouTube or you can purchase from various retailers as a spiritual resource for your family 😊

**Song and Movement: "Jesus Feeds 5000"**

*sung to the tune of Have You Ever Seen a Lassie*

Jesus fed 5000, five thousand, five thousand. (*show number 5; large motion with hands/arms; repeat for each 5,000*)

Jesus fed five thousand, He loved them so much. (*show number 5; make large motion with hands/arms; draw heart in air*)

There were men and women and also their children. (*hands on hips like superhero; twirl around self; jump up and down*)

Jesus fed five thousand, with 2 fishes and 5 loaves. (*show number 5; large motion with hands/arms; show # 2 then # 5*)

**Optional Activity: "1 Fish 2 Fish"**

\*Before this activity you will want to draw or print fish of different colors like red, pink, blue, yellow, etc. You will also need some tape for this game. Place all the "fish into a bag.

This is just a quick fun game to get some of the wiggles out of the kids...

- Have the children all line up and take the Fish Bag and some tape and tape a fish on the back of each child. Make sure they don't see the color on their back...encourage children to let it be a surprise!
- The game is that they have to go to other children and say "1 Fish, 2 Fish, Am I A (name of a color) Fish?" (I would suggest doing it in circle time and having children sit and then get up 1 at a time into the circle and take turns asking the other children- for example ask one children if they were blue and then another if they were orange, etc until they got it right...if a child is struggling of course you may help them even with fun clues!)
- When they get the answer right they can take the fish off their back and put it back in the bag

**Fishing Rod Painting**

Materials Needed: Dowel rods (or long sticks from outside) with string tied to one end and a paint brush tied to the other end; paper plates with paint on them; paper to paint on.

The children use their fishing rods to lower the paintbrushes into the paint and then onto their paper.

Suggestion: Not a great table activity! Try covering a large floor area with newspaper for the children to do this activity on.

### ***Donations***

While at the grocery store, let your child buy a few non-perishable food items suitable for donation to a food pantry. Travel to a local food bank to donate the food just as the little boy gave his food to help others.

### ***When You Give...***

You will need: paper, 1 pair of scissors

*Say:* Jesus did some amazing things when he on earth. Once, he took a small boy's lunch, just some bread and fish, and use it to feed over 5,000 people. Give each child a piece of paper. Have the children hold up their papers.

*Say:* How many corners does your piece of paper have? Allow time for the kids to count their corners.

*Say:* Your paper has four corners. But what if I want to give someone a corner? Cut off a corner of the paper, and hand it to a child. Hold up the paper, and say: Okay, now that I've given a corner away, how many corners do I have? Allow kids to answer, and then say: Wait a minute. I have five. Count the corners to the kids. Then have each child cut a corner from his or her paper.

*Say:* You see, the more times Jesus divided the bread and fish, the more he had to give away. Have the children count the corners on the cut-off piece they each have. Not only that, the people had more than enough. Encourage the kids to each cut off more corners, each time counting the multiplying corners.

Ask the following questions for discussion:

What surprised you about our activity?

Which things amazed and surprised you about what Jesus did?

What is something you give that God could use to help others?

*Say:* Jesus took a boy's lunch and blessed 5,000 people with it. He can do the same thing with us! He can take what we have and bless others with it. We trust God to provide, and Jesus just might use what we already have to do it.

### ***Coloring***

Have children go to the table and sit down to color. As they color continue conversations about the gospel of Jesus, how much he loves us, and how we can tell others about the good news of Jesus coming (this is a great time for them to ask questions or talk to each other); you might also continue the conversation about how God can do such mighty things, that God cares about all the things going on in our life, and that he wants to provide for us always. Also feel free to turn on some music.

\*Coloring page included on last page 😊

## *Closing Time*

### *Prayer Time:*

During this time ask the children if there is anything they would like to have prayer for (have conversations about how we can talk to God, like a friend, about anything and he hears us always).

If children need assistance thinking of things try these questions:

What can we thank God for? (family, friends, church, home, food, sunshine, etc)

Who can we pray for? (family, friends, pets, neighbors, our church family, etc)

What do we need God's help with?

\*Any other prompts that come to mind

Close in prayer with the children. The volunteer could start and then at the end have everyone say "Thank you God for your love that you sent for us through Jesus from heaven above!"



**A small boy shared his lunch with Jesus.**

